

**respond**  
making life better

**THE ONLY ONE**

**REMOVE. PROTECT. REFRESH.**



**REFRESH**  
**3in1**



We know when it comes to stoma care, ostomates are looking for products offering greater simplicity, convenience and flexibility; and which are friendlier to the environment.

**REFRESH**, a new addition to the Care Range is an innovative 3 in 1 spray developed to help simplify stoma care routines.

Thanks to its unique formulation, **REFRESH** does the same job as using three individual products by combining the properties of an **adhesive remover**, **barrier film** and a **fresh linen fragrance** all in one spray can.

With just one product, pouches can be removed easily, peristomal skin is protected and any unpleasant odours are neutralised.



“The adhesive remover and barrier in one is absolutely spot on.”

Amy

Time is precious and often stoma care routines can be long and complicated with an array of products to use.

**REFRESH** does the job of three different tasks - **adhesive remover, barrier film and deodoriser** in just one can.

No need to line up multiple products, take tops of different sprays and peel open sachets... just reach for **REFRESH**.



**THE QUICK ONE**

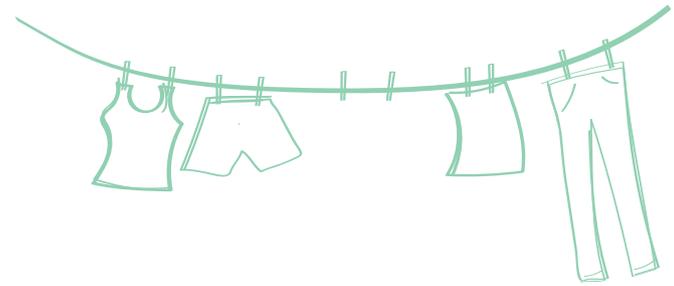
“It does actually smell like fresh linen!”

Billie



Fruity smelling ostomy products are not to everyone's taste, but everyone likes to smell fresh.

**REFRESH** has a unique fresh linen, clean smell which carries the familiar, calming, and comforting scent of freshly laundered clothes. Without being overpowering, **REFRESH** minimises unpleasant odours giving added **confidence for every pouch change**.



**THE FRESH ONE**

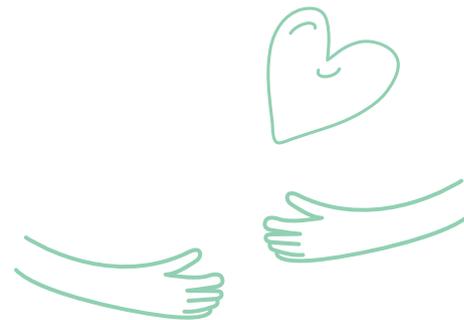


“My skin was quite angry, and has calmed down since using 3in1.”

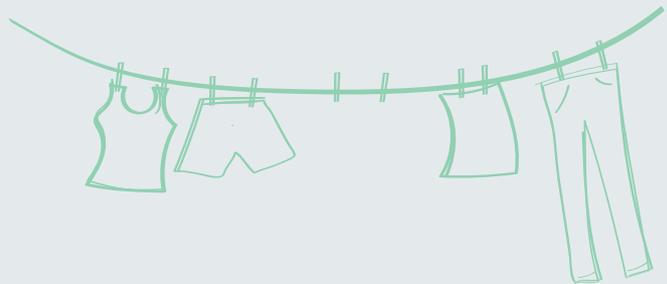
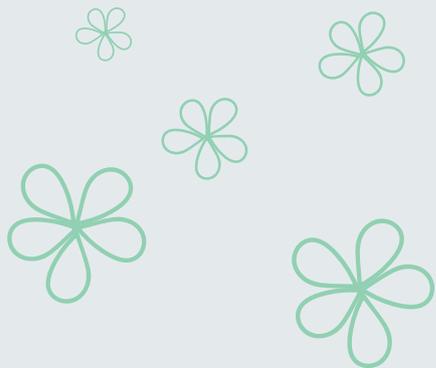
Chris

Frequent pouch changes and contact with bodily fluids can make the delicate skin around the stoma irritated and sore.

**REFRESH's** rapid drying formulation aims to protect the peristomal skin helping make challenging pouch changes a thing of the past. What's more it's alcohol free and less chilling on application making a **more comfortable process**.



# THE PROTECTIVE ONE



**THE QUICK, FRESH, PROTECTIVE ONE**





“Kudos to you - super quick drying time!”

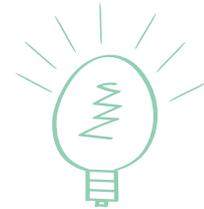
Amy

So, what is the science behind **REFRESH**... the everyday process of evaporation that's what. **REFRESH** uses an innovative combination of 2 commonly found silicones and carefully combines their properties, with a little bit of science, so it can work as both an adhesive remover and barrier film spray.

**Here's how it works...** with each spray of **REFRESH**, our combined silicone formulation gets to work straight away – the adhesive remover silicone starts by helping you remove your pouch, but after it's done its job, it quickly evaporates.

At this point the secondary silicone takes over leaving behind a barrier film to help protect your skin.

**It really is that simple!**



# THE **INNOVATIVE** ONE

“Having the flexibility of the two different sizes is great.”  
Rachel



Adapting to life with a stoma can have a profound impact on mental health and well-being. The first 'solo' pouch changes can be daunting and overwhelming. **REFRESH** is perfect for newer ostomates, their close family or carers as it reduces pouch change complexity, gives back control and helps increase confidence from day one.

A key part of a good, uncomplicated stoma care routine, **REFRESH** is available in two sizes – 150ml and a handy, travel size 50ml. So, there is no need to store or carry several individual products. Wherever you are and whatever you're doing, you just need **REFRESH**... much more convenient and much less hassle.



**THE SIMPLE ONE**

“Less waste, better for the environment,  
I just absolutely love it.”

Amy



**REFRESH** uses bag in can technology – a sustainable packaging system that is free from the air pollutants used in traditional aerosols, minimises product wastage by allowing for 100% of the product to be used and is fully recyclable.

And because **REFRESH** is a unique 3 in 1 solution, it also offers a sustainable alternative to individually wrapped disposable wipes and individual ostomy care products.

**Helping you to reduce product usage, reduce waste and minimise environmental impact.**



**THE GREEN ONE**

“It’s a 3 in 1... it does what it says on the can.”

Keith



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making life better

# User Guide

REMOVE. PROTECT. REFRESH.



**REFRESH**  
3in1



### Stage 1

Taking hold of the top edge of the bag, tease the bag away.



### Stage 2

Spray the solution towards the top of the bag, allowing the liquid to work its way towards the bottom of the baseplate.



### Stage 3

Allow the solution to release the adhesive from the skin, then start peeling.



### Stage 4

Gradually peel the adhesive away from the skin.



### Stage 5

After peeling the adhesive away from the skin, you may be left with some residue from the baseplate.



### Stage 6

Take a dry wipe and work the remaining solution around the stoma to cleanse the skin.



### Stage 7

For additional protection, spray the solution around the stoma.



### Stage 8

Allow the solution to dry for a few seconds.



### Stage 9 (optional)

If needed, spray the solution in the air to minimise any odour.



### Stage 10 (optional)

If needed, spray the solution inside the pouch to minimise any odour.



### Stage 11

Line the new pouch up to the stoma and start applying the new pouch to the abdomen.



### Stage 12

Press the pouch down on the skin to allow the baseplate to adhere to the skin.

**AWARD-WINNING  
PRESCRIPTION  
DISPENSING SERVICE**

## Like what you have tried?

Did you know **REFRESH** is available via our award-winning prescription dispensing service?

Specialists in stoma and continence care, we offer a reliable and convenient service putting you first and meeting all of your needs.

We stock all manufacturers products and will dispense within 24 hours of receiving your prescription.

**Joining us has never been so easy, get in touch today and let us do the rest!**



**REFRESH** is available  
on prescription and  
to buy online  
[respond.co.uk/refresh](https://respond.co.uk/refresh)

Your codes to order **REFRESH**

50ml  
**R350**

150ml  
**R3150**



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0800 028 6848 (N.Ireland)



**Online**

[respond.co.uk](https://respond.co.uk)  
(available to buy online)



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